

The Ingredients menu appears when Editing Ingredient Lists, either that of a recipe or the Pantry.

- Copy/Paste/Delete Ingredient(s): Since Ingredient Lists include text boxes that use the standard Edit menu commands, these selections provide the ability to utilize the standard Edit functions.
- Group/Ungroup: In many recipes, the Ingredient List is not just a straight list of ingredients, but often specifies that certain ingredients are alternatives for one another, or that such and such ingredients belong in a group under a name (the Crust of a pie, for example). Using the Group/Ungroup commands, you can gather a selected set of ingredients into a group and choose what kind of group it will be, or you can remove them from the group at will.
- Merge into 1 Ingredient/Separate Ingredients: Several ingredients can be merged into a single ingredient (for example, the separate entries “1 cup marsala” and “sweet sherry” can be merged into “1 cup marsala and/or sweet sherry”) and separated again using these commands.
- Mark as Main Ingredient/Optional, Not Main Ingredient/Optional: Any individual ingredient can be distinguished as a Main Ingredient of the recipe, or noted to be not essential to the recipe with these commands. These markings are used in Finding Recipes.